

# Lap Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
<b>5:45-7:15am</b> Masters Lanes: 5 Open Lanes: 1  <b>7:15-8:15am</b> Lane Swim Open Lanes: 6  <b>8:15-8:40am</b> Public Swim Open Lanes: 3  <b>8:45-9:30am</b> Aquafit  <b>9:45am-12:45pm</b> Public Swim Open Lanes: 4  <b>2:45-4:30pm</b> UCRO Lanes: 5 Open Lanes: 1  <b>4:30-5:30pm</b> Public Swim UCRO Lanes: 4 Open Lanes: 1  <b>5:30-6:30pm</b> Public Swim UCRO Lanes: 3 Open Lanes: 2  <b>6:30-7:30pm</b> Public Swim Open Lanes: 3	<b>5:45-7:15am</b> UCRO Lanes: 5 Open Lanes: 1  <b>7:15-9:00am</b> Lane Swim Open Lanes: 6  <b>9:00-11:40am</b> Public Swim Open Lanes: 3  <b>11:45-12:30pm</b> Aquafit  <b>2:45-3:45pm</b> UCRO Lanes: 3 Open Lanes: 3  <b>3:45-4:45pm</b> UCRO Lanes: 3 North Grenville Lanes: 3  <b>5:00-8:00pm</b> Swim Lessons Lane Swim: 1	<b>5:45-7:15am</b> Masters Lanes: 5 Open Lanes: 1  <b>7:15-8:15am</b> Lane Swim Open Lanes: 6  <b>8:15-8:40am</b> Public Swim Open Lanes: 3  <b>8:45-9:30am</b> Aquafit  <b>9:45am-12:45pm</b> Public Swim Open Lanes: 4  <b>12:45pm-2:00pm</b> Masters Lanes: 3 Open Lanes: 3  <b>2:45-4:30pm</b> UCRO Lanes: 5 Open Lanes: 1  <b>4:30-5:30pm</b> Public Swim UCRO Lanes: 4 Open Lanes: 1  <b>5:30-6:30pm</b> Public Swim UCRO Lanes: 3 Open Lanes: 2  <b>6:30-7:30pm</b> Public Swim Open Lanes: 3	<b>5:45-7:15am</b> UCRO Lanes: 5 Open Lanes: 1  <b>7:15-9:00am</b> Lane Swim Open Lanes: 6  <b>9:00-11:40am</b> Public Swim Open Lanes: 3  <b>11:45-12:30pm</b> Aquafit  <b>2:45-3:45pm</b> UCRO Lanes: 3 St. Mary's Lanes: 2 Open Lane: 1  <b>3:45-4:45pm</b> UCRO Lanes: 3 Ange Gabriel Lanes: 3  <b>5:00-8:00pm</b> Swim Lessons Lane Swim: 1	<b>5:45-7:15am</b> Masters Lanes: 5 Open Lanes: 1  <b>7:15-8:15am</b> Lane Swim Open Lanes: 6  <b>8:15-8:40am</b> Public Swim Open Lanes: 3  <b>8:45-9:30am</b> Aquafit  <b>9:45am-12:45pm</b> Public Swim Open Lanes: 4  <b>2:45-4:15pm</b> UCRO Lanes: 5 Open Lanes: 1  <b>4:15-5:30pm</b> Public Swim: 1 UCRO Lanes: 5  <b>5:30-7:30pm</b> Public Swim: 3 Lane Swim: 3	<b>7:00-8:00am</b> Lane Swim Open Lanes: 6  <b>8:00-9:45am</b> UCRO Lanes: 5 Open Lanes: 1  <b>10:00-11:00pm</b> Swim Lessons UCRO Lanes: 2  <b>11:00-12:30pm</b> Swim Lessons UCRO Lanes: 1  <b>12:30-4:30pm</b> Public Swim Open Lanes: 2	<b>7:00-8:15am</b> Lane Swim Open Lanes: 6  <b>8:15-9:15am</b> Lane Swim Open Lanes: 3 St. Mary's Lanes: 3  <b>9:15-10:30am</b> Public Swim Open Lanes: 2  <b>10:35-11:20am</b> Aquafit  <b>11:20am-12:30</b> Public Swim Open Lanes: 2  <b>12:30-2:30pm</b> Public Swim Open Lanes: 3  <b>2:30-4:30pm</b> Special Olympics

Brockville YMCA // Effective: February 2<sup>nd</sup>, 2026



# Wading Pool Schedule

MON	TUES	WED	THU	FRI	SAT	SUN
<b>8:00-8:40am</b> Public Swim	<b>8:00-11:40am</b> Public Swim	<b>8:00-8:40am</b> Public Swim	<b>8:00-11:40am</b> Public Swim	<b>8:00-8:40am</b> Public Swim	<b>8:00-9:00am</b> Public Swim	<b>9:00-10:30am</b> Public Swim
<b>9:45am-12:45pm</b> Public Swim	<b>2:45-4:15pm</b> Public Swim	<b>9:45-10:30pm</b> Public Swim	<b>2:45-4:15pm</b> Public Swim	<b>9:45-12:45pm</b> Public Swim	<b>9:00am-12:30pm</b> Swim Lessons	<b>11:25-4:30pm</b> Public Swim
<b>2:45-7:30pm</b> Public Swim	<b>4:15-4:45pm</b> Parent & Tot Lesson	<b>10:30-11:00am</b> Parent & Tot Lesson	<b>4:15-4:45pm</b> Parent & Tot Lesson	<b>2:45-7:30pm</b> Public Swim	<b>12:45-1:30pm</b> Rental	
	<b>5:00-7:50pm</b> Swim Lessons	<b>11:00-2:00pm</b> Public Swim	<b>5:00-7:50pm</b> Swim Lessons		<b>1:45-4:30pm</b> Public Swim	
		<b>2:45-7:30pm</b> Public Swim				